Post Details	Last Updated: January 2023	
Job Title:	S&C Coach (Placement)	
Job Family & Job Level	Sport Delivery	Student Placement (up to 3)
Responsible to:	Lead Strength and Conditioning Coach	
Responsible for:	NA	
Fixed term:	The placement positions are a fixed term appointment for 45 weeks and is open to undergraduate students (start date 3/07/2023)	

Job Purpose Statement

The post holder is expected to support the Lead S&C Coach with session planning and delivery, plus relevant administration, across Team Surrey athletes and both professional franchises (Surrey Scorchers and Surrey Storm). The student S&C Coach will also work synchronously with other members of the performance team to effectively manage athletes' physical development and loading.

The student S&C Coach will be responsible for managing their own athlete caseload, under direct supervision. Training and development, plus formal mentorship opportunities will also be provided to support with university assignments and career progression. Placement students are expected to be flexible, with considerable work in evenings and weekends throughout the athletic seasons.

Problem Solving, Accountability and Dimensions of the Role

The post holder will be a multisport practitioner who will work collaboratively with other strength and conditioning staff, sports therapists, and sport specific coaches to form an integral part of a multidisciplinary team. The successful candidates will work across Surrey Sports Park's performance programmes, with each student placement having a focus, either the Surrey Storm Netball Super League, Surrey Scorchers British Basketball League franchises, or Team Surrey. Cross working across the programmes as well as with the support for the TASS programme and Team Surrey is expected as directed by the Lead S&C Coach.

The student will work closely with other sports therapists, S&C coaches, sharing the assessment, programmes, and rehabilitation of athletes during a training week, plus home and away matches where directed by their line manager. The student coach will be expected to liaise with the whole MDT to discuss progress and advise on playing and/or training time. The student will have autonomy; however, should consult with the Lead S&C Coach before finalising any decisions regarding exercises, management, and/or loading strategies.

The student will be forward thinking and encouraged to express ideas on how to develop and improve the delivery of S&C across the Sports Park. This will include attending weekly performance team meetings to share knowledge, review exercises, report on injuries, and discuss on-going issues that will improve the working relationship within the performance team.

Background Information/Relationships

Surrey Sports Park is at the heart of sport and physical activity in Surrey, and our mission is to deliver the best possible sport, health, and wellbeing experience to our University of Surrey students and to the wider SSP community. We provide strategic added value to the University by delivering an outstanding student experience through social and competitive sport and providing an excellent environment for wellness and fitness for Surrey staff and students, and our community impact is significant both culturally and physically. The team is passionate and high performing, and the business model requires us to deliver a self-sustaining, well managed and customer service focused business.

The student therapist will work closely with all Sports Park staff and both internal and external guests.

This job purpose reflects the core activities of the post. As SSP and the student therapist develop, there will inevitably be some changes to the duties for which the post is responsible, and possibly to the emphasis of the post itself. SSP expects that the student will recognise this and will adopt a flexible approach to work. This could include undertaking relevant training where necessary. Should significant changes to the job purpose become necessary, the student will be consulted and the changes reflected in a revised job purpose.

Person Specification This section describes the sum total of knowledge, experience & competence required by the post holder that is necessary for standard acceptable performance in carrying out this role.

Qualifications and Professional Memberships	Essential/

		Desirable
Be enrolled on an accredited Sport and Exercise Science or Strength and conditioning (or equivalent) BSc		E
Technical Competencies (Experience and Knowledge) This section contains the level of competency required to carry out the role (please refer to the competency framework for clarification where needed and the Job Families Booklet).	**Essential/ Desirable**	**Level 1-3**
Knowledge and experience of delivering strength and conditioning to sporting individuals.	E	2
Working knowledge of MS Office.	D	2
Special Requirements:	**Essential/ Desirable**	**Level 1-3**
To work during unsocial hours, including early mornings, late evenings, and at weekends.	E	NA
Disclosure and Barring Service Clearance	E	NA
Commitment to undertake relevant CPD training.	E	NA
Core Competencies This section contains the level of competency required to carry out this role. (Please refer to the competency framework for clarification where needed). N/A (not applicable) should be placed, where the competency is not a requirement of the grade.	**Level 1-3**	
Communication		2
Adaptability / Flexibility		2
Customer/Client service and support		2
Planning and Organising		2
Teamwork		2
Continuous Improvement		2
Problem Solving and decision-making Skills		2
Leadership / Management		NA
Creative and Analytical Thinking		2
Influencing, Persuasion and Negotiation Skills		1
Strategic Thinking		NA

Organisational Information	

All staff are expected to:

Positively support equality of opportunity and equity of treatment to colleagues and students in accordance with Surrey Sports Parks Equal Opportunities Policy.

Help maintain a safe working environment by:

- Attending training in Health and Safety requirements as necessary, both on appointment and as changes in duties and techniques demand.
- Following local codes of safe working practices and Surrey Sports Parks Health and Safety Policy.
- Excellent environmental performance is a strategic objective for the University of Surrey. All staff are encouraged to work to achieve the aims of our Environmental Policy and promote awareness to colleagues and students.

Undertake such other duties within the scope of the post as may be requested by your manager.

Key Responsibilities

- This document is not designed to be a list of all tasks undertaken but an outline record of the main responsibilities (5 to 8 maximum) and should be read in conjunction with the accompanying Job Purpose.

1. Create general and personalised programmes for Team Surrey, professional franchise, TASS, and commercial athletes
2. Delivery of S&C sessions, with guidance, for individuals and small groups
3. Support court/pitch-based training activity, monitoring loading and gameplay activity as directed by Lead S&C Coach
4. Attend match fixtures to provide warm-ups
5. Assist with the day-to-day planning and delivery of performance department
6. Maintain a clean and tidy working environment
7. Attend MDT meetings as directed by line manager

N.B. The above list is not exhaustive.